

Speech Pathology (SP)

Speech Pathologists study, diagnose and treat communication disorders, including difficulties with speaking, listening, understanding language, reading, writing, social skills, stuttering and using voice. Speech Pathology could improve your quality of life by helping you to communicate better with friends, family and others.



Speech pathology aims to help people who can't communicate effectively and can help you if you have problems with speech, language, communication, fluency or your voice. They often work with children helping a child's speech develop. Speech pathology can also help if you have problems swallowing food or drinking safely.

They can also help with augmentative and alternative communication, in which they help people who have trouble speaking find other ways to communicate.

Conditions that a speech pathologist might be able to assist with:

- Developmental delays in children
- Learning problems
- A stroke or other brain injury
- Intellectual disability
- Cerebral palsy
- Dementia
- Hearing loss
- Autism spectrum disorder
- Dysphagia
- Auditory processing disorder
- Cleft palate
- Other problems that affect speech and language
- Other communication problems, such as stuttering.

Who can access Speech Pathology?

Speech Pathology can be effective in working with individuals of all ages.

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We are committed to delivering high-quality speech pathology services, informed by the best available evidence. We can assist with the following:

- Early communication development
- Play skills
- Late talkers
- Speech difficulties e.g. Articulation, Voice, Fluency
- Language delays/disorders
- Phonological awareness
- Difficulties with spelling, writing, reading comprehension
- Stuttering
- Social skills
- Non-verbal communication
- Voice disorders
- Feeding difficulties/disorders
- Expressive Language
- Receptive Language
- Key Word Sign

Individual assessments give us a snapshot of your communicative strengths and needs, and help us to tailor an individual therapy plan to work towards your goals. Our speech pathologists are able to diagnose each person's specific problem and devise a treatment plan that best suits their needs.

How long are sessions?

Therapy sessions are typically 1 hour in duration and can occur in our clinic, the client's home, educational facility or workplace. Sessions can occur as frequently as required, but in most cases, this is either weekly or fortnightly.